The Harvest Gym

Located in the Delburne Centralized School, 2611-18 Street, Delburne, Alberta TOM 0V0

Personal Information

NAME (Print in Full):	
ADDRESS:	
PHONE NUMBER(s):	-
CONTACT NAME & NUMBER (in case of emergency):	
E-MAIL ADDRESS:	_
AGE: Homeroom (if DCS student): SEX:	

10 Month Membership Fees (Expires June 13, 2025)*

Adult Membership - \$75.00 DCS High School Student (gr. 9-12) - \$20.00

Students 14-17 years of age using the gym must be supervised by someone 18 years or older. *Harvest Gym open during regular school days. **Closed holidays and weekends**. This membership does not include use of Large Gym.

PARTICIPANT RISK ACKNOWLEDGEMENT, RELEASE AND WAIVER OF CLAIM FORM FOR THE CHINOOK'S EDGE SCHOOL DISTRICT NO.73 AND USE OF THE HARVEST GYM AT DELBURNE CENTRALIZED SCHOOL

In consideration of being allowed or being granted permission to participate now or in the future by the Delburne School District No.73, in the activities of the Harvest Gym and to use its facilities, equipment, and machinery, I agree and acknowledge that:

- 1. I have met all the prerequisites required for participation in the use of the Harvest Gym facilities equipment, machinery, activities and programs.
- 2. I will abide by the rules and regulations imposed upon all participants respecting the use of the Harvest Gym and its equipment, or in the operation of their programs, and I recognize that it is my sole responsibility to acquaint myself with all such rules and regulations
- 3. I am fully aware that there are risks and hazards inherent in the very nature of the use of the Harvest Gym facilities, equipment and machinery, and in the participation in various programs offered by the Harvest Gym. I have full knowledge of the nature and extent of these risks and that in using the Harvest Gym facilities, equipment, and machinery, or in participating in programs respecting the use of the same, I may suffer personal injury, death, or property loss. I understand and am aware that strength and flexibility and aerobic exercise, including the use of equipment and machinery, is a potentially hazardous activity. I also understand that fitness activities involve the risk of injury and even death, and that I am voluntarily participating in these activities and in use of the equipment and machinery, with knowledge of the dangers involved. Particulars of these types of injuries include, but are not limited to:
 - a) any injury resulting from falling, or impacting against the equipment or the ground;
 - b) muscle strains, pulls, tears, or similar related damages to muscles, ligaments or joints, as a result of misuse, or overuse or inappropriate use of the Harvest Gym facilities, equipment and/or machinery;
 - c) injury which results from inappropriate use or use contrary to recommended instructions or supervision of the various facilities, equipment and machinery;

- d) injury which results from falling equipment or contact with other persons using the facilities, equipment or machinery.
- 4. I acknowledge that a choice not to use recognized safety equipment, or to adhere to the rules and regulations applicable to the Harvest Gym operations exposes me, as a participant, to increased risk.
- 5. With this knowledge, I nevertheless freely and voluntarily assume the risks involved in the use of the Harvest Gym facilities, equipment and machinery, and in doing so I fully understand that I will be solely responsible for any loss, injury or damage I sustain. My use of the Harvest Gym and my participation in any such programs shall be entirely at my own risk.
- 6. In consideration of being allowed to participate in the activities and programs of the Harvest Gym and to use its facilities, equipment and machinery I waive any claim I may have against the Board of Trustees of the Chinook's Edge School District No.73, its elected officials and officers, employees, coaches, volunteers, representatives, agents, and executors, and all others from any responsibilities or liability for injuries or damages resulting from my participation and use as above described of the equipment, facilities and machinery at the Harvest Gym.
- 7. I declare myself to be physically sound and suffering from no condition, impairment, infirmity, or illness that would prevent my participation or use of the equipment or machinery except as hereinafter stated. I acknowledge that I have either had a physical examination and have been given a physician's permission to participate or I have decided to participate in the activities and use of the equipment and machinery at the Harvest Center without the approval of a physician and do hereby assume all responsibility for my participation in activities, and utilization of equipment and machinery in the facilities.
- 8. The Board of Trustees of the Chinook's Edge School District No.73 may, through its agent or employees, secure such medical advice and services as it, in its sole discretion, may deem necessary for my health and safety and I shall be financially responsible for such advice and services.
- 9. I am aware of the nature and effect of this release, waiver of claim and assumption of risk. My signature on this release, waiver of claim and assumption of risk is made on a voluntary basis, and is binding upon, my heirs, my executors, administrators, personal representatives and assigns.
- 10. I am executing this release, waiver of claim and assumption of risk formed freely and voluntarily without any compulsion on behalf of the Board of Trustees of the Chinook's Edge School District No.73, and the operations of the Harvest Gym.

Intending to legally bound,	I have signed this release, waiver of clain	n and assumption of risk form
thisday of	, 202, in the Village of D	elburne, in the Province of Alberta.
PARTICIPANT	PARTICIPANT	WITNESS
(Signature)	(Printed)	(Parent signature if participant under 18)

Hours of Operation

Monday	8:30 am - 7:00 pm*
Tuesday	8:30 am - 7:00 pm*
Wednesday	8:30 am - 7:00 pm*
Thursday	8:30 am - 7:00 pm*
Friday	8:30 am - 7:00 pm*
Closed holidays and weekends.	

^{*}Note: **Hours are subject to change at any time**. If the school is closed for any reason, the Harvest Gym is closed. Notices will be posted on main doors if regular hours have changed. There <u>may</u> be Phys Ed students in the gym from time to time, but you may still use the gym.