October 19, 2023

#### **PARENT TEACHER INTERVIEWS**

Just a reminder that Parent /Teacher Interviews will take place over two evenings on November 7 and 8, in person or by phone. To book a conference time, please go online and book via our school website under Parents or <u>https://www.delburneschool.ca/parents/bookings</u>. For parents who booked phone interviews, teachers will call you using the phone # entered when booking your interview time online. Bookings open up at 8:00 am Monday, October 23.

## HIGH SCHOOL ELAA CAREER EVENT

On Friday, October 27 from 2:00-3:00 p.m., Delburne School will host an event which welcomes the Educational Liaison Association of Alberta (ELAA). This event will allow students an opportunity to connect with post-secondary institutions including colleges, universities, and technical institutes; the RCMP, and Canadian Forces. Students will be able to travel to a variety of booths and seek out information, ask questions and educate themselves about life after High School. Events such as this directly align with our Career Connections goal at DCS.

### **VOLLEYBALL SENIOR NIGHT**

On Wednesday, October 25th we will celebrate our graduating senior volleyball players. Congratulations to Jordynn Myers, Amy Guynup, Adalia Hansen, Kaden Ransiseth and Cole Resch. We thank these players for their leadership, sportsmanship, dedication and competitive spirit. Please come and cheer on our grade 12 players along with their teammates. The girls play at 6:30 and the boys will start at 7:30.

### **DCS SPIRIT DAY**

Also on Wednesday, October 25th we will have our first DCS School Spirit Day. Students and Staff are encouraged to dress in DCS school colors or apparel to show our school spirit.

### FUNDRAISING REMINDER

Please help our school with our yearly fundraiser. This helps pay for field trips, busing, guest speakers and many more opportunities for our students. Without fundraising, costs to run many of these activities will go up. Deadline to have orders into the school is Friday October 27th.

If you are having difficulties with the online code/registering please read the following:

1. You need to register a student/child. The code will not work unless you have registered.

2. If you want to send a link to family or friends you will need to select social media sharing on the left hand side. Once selected you can choose to send by email, facebook, twitter etc.

3. After you have registered you can also sign your child up for their prize program.

Shipping can be to a specific household or business or free shipping to the school and then the student is responsible to deliver the product to the customer.

If you need more catalogs or order forms, please contact Tasha tsenecal@cesd73.ca and we can send them home. Online shopping has more items that are not in the catalogue e.g. soups, beef jerky and candles. You can also order these items on a paper order form.

WWW.SHOPDFSCANADA.COM Our Organization ID is 7326.

#### PAC AGM

Our Annual general meeting for parent council is quickly approaching. Please join us on October 26th at 6:30pm in the school library. Hope to see you all there! We are also looking for a volunteer driver for our pita pit hot lunch pick-ups.(See attached poster) Please email us if you think you can help! delburneparentcouncil@gmail.com.

## HOT DOGS AND HOT LUNCH

Hot Lunch is available online to order.

https://www.studentquickpay.com/chinook/

### **ON THE CALENDAR**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 23	October 24	October 25	October 26	October 27
JR B Girls Volleyball Game VS Three Hills 4:00-5:00	JR B Girls Volleyball Practice 3:15-4:45 SR Boys Volleyball Practice 3:15-5:00 SR Girls Volleyball Practice 6:00 - 8:00	DCS Spirit Day JR Boys Volleyball Practice 3:15-4:45 JR B Girls Volleyball Game at Elnora 4:00-5:30 SR Girls & Boys home Volleyball Game VS Spruce View 6:00-7:00 Senior Night	SR Girls Volleyball 6:30 a.m. TEC 1000 Dual Credit at Olds College SR Boys Volleyball 3:15-5:00 JR A Girls & Boys home Volleyball Game VS MTS 4:00 - 7:00 PAC Annual General Meeting 6:30 PM	M/W Kindergarten Subway Hot Lunch ELAA Post Secondary Fair 2:00 - 3:00 JR Boys Volleyball Practice 3:15-4:45 JR B Girls Volleyball Tournament at Stettler



## **Overview:** Weekdays 'til 6 Supporting student, family and staff wellness...



- Weekdays 'til 6 is a new practice in Chinook's Edge which means all non-emergency emails and texts will only be sent prior to 6:00 p.m. on weekdays.
- Weekdays 'til 6 is about honouring your personal time as parents, families, students and staff. Our hope is that everyone in our Chinook's Edge school communities enjoys a healthy work/life balance which involves evenings spent with family and friends, time participating in volunteer efforts and other activities you value, and looking after your health through physical activity, hobbies, rest and reading!
- Late-night email/text exchanges can prove troublesome for all of us students, families and staff
   - for a number of reasons. Among these is the fact that fatigue often leads to decision-making
   that is less collaborative and not as thoroughly thought-out as we would like. As well, research
   has found a number of unhealthy results stem from too much 'screen time', particularly 'blue
   light in the evening', and we are seeing a societal shift towards taking a break from technology
   devices when the work day is done.
- Chinook's Edge strives to ensure our staff are ready to deliver their very best to our students
  each day! We realize that their demanding roles in education requires many of our staff to
  continue to work in the evenings, as they plan and prepare for the next day. However, Weekdays
  'til 6 ensures this evening work does not include emails and texts which, like any business, will be
  responded to during business hours.
- We recognize that evenings are often the best time for teachers and parents to reach one
  another, and we know that in many cases teachers will continue to phone parents as they have
  done in the past. Weekdays 'til 6 relates only to emails and texts. Our teachers and staff will
  continue to be working in the evenings if required, but they will be sending and responding to
  emails and texts only before 6:00 p.m. in most cases. We are asking parents to support a next
  school-day response to non-emergency emails and texts.
- We recognize that Weekdays 'til 6 is a shift in our division, and we appreciate everyone's support
  as we find our way forward together. We care about the wellness of our students, families and
  staff, and endeavour to buffer everyone in our schools from the unsustainable expectation that
  people are available to respond immediately at any hour to emails and texts.
- In the end, we are convinced Weekdays 'til 6 is in the best interest of the students we serve.

**Weekdays 'til 6** is not a policy, it is an approach that is being led by the Central Office Leadership Team and supported by the Board of Education. As we continue to explore our electronic communication routines in Chinook's Edge, we have heard from parents that we over-communicate at times with automated texts and emails. We will be continuing to review and tweak our approach to e-communications when necessary, in our efforts to support student, family and staff wellness. Thank you!