

# Delburne Centralized School

## Weekly Update

January 27, 2023

### HOT LUNCH

February hot lunch is available to order online. <https://www.studentquickpay.com/chinook/>

### SUICIDE PREVENTION

The Outreach Centre, formerly Suicide Information & Education Services, is a non-profit organization providing information, education and referral services to Red Deer and communities in Central Alberta. On February 2 and 9, The Outreach Center will be delivering a program called "It's OK to Talk about Suicide" for our Grade 9-12 students. This presentation educates students on mental health in general, coping skills, myths and facts surrounding suicide, the warning signs of suicide and how to help suicidal individuals. A parent letter was sent home last week but if you have any further questions, please reach out to us at the school.

### BOYS & GIRLS CLUB/YOUTH HQ

Just a reminder that the kids club (ages 7-12) is running Mondays afterschool until 5:00pm. There is also Keystone (ages 13-17) running Monday 5:30-7:30pm.

Register online <https://youthhq.ca/programs/delburne-kids-club/>

### FAMILY SCHOOL WELLNESS

Hi, my name is Zeljka and I am a Family School Wellness worker for Delburne and Elnora School. The Family School Wellness (FSW) Program is a resource that provides support and assistance to the students and families within our division. FSW is a voluntary program that aims to help expand skills, develop resources, find information and make community connections for students and families. If you have any questions about the Family Wellness Program, please contact me at [zudovicic@cesd73.ca](mailto:zudovicic@cesd73.ca) or contact the school at 403-749-3838.

"The best inheritance a parent can give his children is a few minutes of his time each day."

~O. A. Battista

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## Weekly Update

### ON THE CALENDAR

MONDAY January 30	TUESDAY January 31	WEDNESDAY February 1	THURSDAY February 2	FRIDAY February 3
<p>School Organizational Day - No School for Students</p> <p>JR Boys Basketball Practice 3:15-5:00</p> <p>JR Girls Basketball Practice 3:15-5:00</p> <p>SR Girls Basketball Game at CACHS 6:00-7:30</p> <p>SR Boys Basketball Game at CACHS 7:30-9:00</p>	<p>Semester 2 Begins</p> <p>Grade 5 Boys Basketball Practice 12:35-12:55</p> <p>JR Girls Basketball Game vs Elnora 4:00-5:30</p> <p>SR Boys Basketball Practice 5:00-6:30</p>	<p>Grade 5 Girls Basketball Practice 12:35-12:55</p> <p>JR Boys Basketball Practice 3:15-5:00</p> <p>SR Girls Basketball Game at Bentley 6:00-7:30</p> <p>SR Boys Basketball Game at Bentley 7:30-9:00</p>	<p>Grade 9 Yoga</p> <p>Suicide Prevention Grade 9-12</p> <p>Grade 5 Boys Basketball Practice 12:35-12:55</p> <p>JR Boys Basketball Game vs Koinonia 4:00-5:30</p> <p>JR Girls Basketball @ STM 4:00-5:30</p>	<p>Grade 5 Girls &amp; Boys Basketball vs IMS 12:00-2:00</p> <p>SR Girls Basketball Tournament in Bentley</p> <p>SR Boys Basketball Tournament in Bashaw</p>



# **Delburne Centralized School**

## **Weekly Update**

Delburne Parent Advisory Council

# **Logo Design Competition**

### **Objective of the Competition:**

Delburne PAC is looking for a logo to represent their group. The most outstanding design will be chosen to represent PAC on letterhead, cards, posters and etc.

### **Eligibility:**

The competition is open to students in Grades 4-12

### **Closing Date:**

The competition closes on February 28, 2023. Entries can be dropped off at the school office or emailed in .jpeg or pdf form to [delburneparentcouncil@gmail.com](mailto:delburneparentcouncil@gmail.com)

### **Information:**

Students are asked to create a logo that has no offensive language or imagery and is a visual representation of our name. Students may use the mission statement of PAC which is "To support the school in its efforts to provide a successful and positive learning environment for all students." to guide their designs.

### **What is PAC?**

A group of volunteer parents who work hard to provide support and raise money for Delburne Centralized School.

Please email [delburneparentcouncil@gmail.com](mailto:delburneparentcouncil@gmail.com) with any questions



# Delburne Centralized School

## Weekly Update

# Kids CLUB

Youth Aged 7-12  
Mondays  
After School-5:00pm  
Delburne Centralized School

### WHY JOIN KIDS CLUB?

1. MAKE FRIENDSHIPS 
2. LEARN AND TRY NEW THINGS
3. CLUBS ARE TOTALLY FREE
4. HAVE FUN!!!

# DELBURNE



LEARN  
MORE AT  
YOUTH HQ.CA



**Register Today**  
Spots are limited

**YOUTH HQ.CA**  
BGC@YOUTH HQ.CA  
403-342-6500

# YOUTH HQ

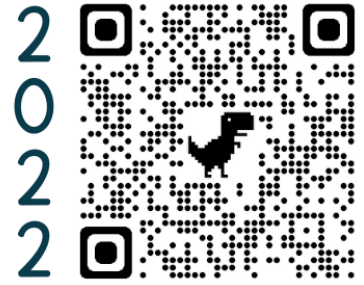


# Delburne Centralized School

## Weekly Update



# bqgc



## DELBURNE



### EVERY KID IS A CLUB KID

SCHOLARSHIPS JOB READINESS

MENTORING

ARTS

& CRAFTS

## WHAT CLUBS DO

BREAKFAST CLUBS

MUSIC

DANCE

HOMEWORK HELP

AFTER SCHOOL PROGRAMS

LEADERSHIP SKILLS

MENTAL HEALTH & WELLNESS  
CRIME PREVENTION  
COMMUNITY INVOLVEMENT



CHILD CARE

SUMMER CAMPS

DIGITAL LITERACY

FINANCIAL EDUCATION

SUBSTANCE ABUSE PREVENTION & COUNSELLING

PHYSICAL FITNESS & SPORTS



OUT DOOR ADVENTURE

HEALTHY SNACKS & MEALS

COOKING

GARDENING

YOUTH & RECONCILIATION



THEATRE

YOUTH SHELTERS

PARENTING EDUCATION & SUPPORT

INDIGENOUS PROGRAMS

## CLUBS ARE FREE



## KIDS CLUB

AGES 7-12

## KEYSTONE

AGES 13-17

403-342-6500

# YOUTH



# Delburne Centralized School

## Weekly Update

# KEYSTONE DELBURNE

YOUTH  
HQ

**For all youth aged 13-17  
Mondays 5:30pm-7:30pm  
Delburne Centralized School**



### WHY JOIN KEYSTONE?

1. HANG OUT WITH FRIENDS
2. HELP PLAN OR JUST JOIN IN
3. KEYSTONE IS TOTALLY FREE

**Register Today  
Spots are limited**

**YOUTH HQ.CA  
BGC@YOUTH HQ.CA  
403-342-6500**

